

ALVA'S
HOMOEOPATHIC 2025
INSIGHTS

ALVA'S HOMOEOPATHIC MEDICAL COLLEGE

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ISSUE 05

AHMC E-BULLETIN

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With immense joy, I present to you this quarter's edition of the E-Bulletin of Alva's Homoeopathic Medical College. This issue captures the vibrant spirit of our institution over the past three months, a period filled with learning, service, and celebration.

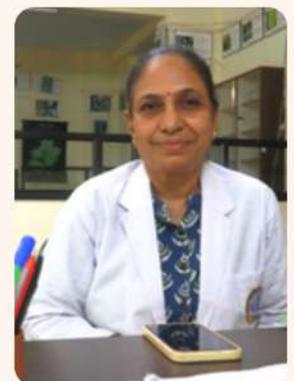
Our students and faculty actively participated in various medical camps, extending the reach of homoeopathy to the community and reaffirming our role as compassionate healers. The much-awaited PROVENIO 2.0 brought together talent, creativity, and teamwork, leaving behind memories of unity and inspiration. We also observed Doctor's Day with gratitude, honoring the noble profession we are privileged to be part of. Adding to the energy of campus life, the sports activities infused enthusiasm, discipline, and camaraderie among students, reminding us that a healthy body nurtures a sharp mind.

Each event not only showcased the capabilities of our students but also reflected the tireless guidance of our faculty and the constant support of our management. Together, these months have been a testimony to the holistic development that Alva's Homoeopathic Medical College stands for.

I sincerely thank all contributors and the editorial team for bringing this bulletin to life. May it continue to inspire us to learn, serve, and grow with the same passion in the days ahead.



Dr. Vasumathi K
Staff Editor



Dr. Sudhamathi. S. M
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ABOUT US

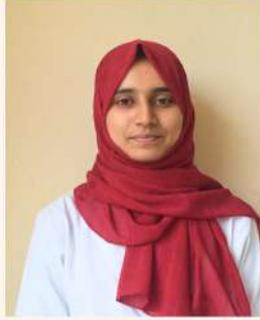
Welcome to the current edition of our E-Bulletin, a vibrant reflection of the academic spirit, creativity, and unity that thrives within our institution. Curated by a team of passionate students and guided by dedicated faculty, this bulletin serves as a platform to showcase achievements, insights, reflections, and talents from every corner of our college.

This term, we have strived to bring a more inclusive and engaging experience covering not only academic highlights but also glimpses into the cultural, clinical, and extracurricular vibrancy that defines our campus life. From seminar spotlights and student contributions to literary pieces and departmental updates, each page echoes our commitment to growth, collaboration, and excellence in homoeopathic education.

We thank every contributor and reader for being part of this journey and hope this issue inspires, informs, and ignites a sense of belonging within our college community.



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ALVA'S HOMOEOPATHIC MEDICAL COLLEGE

NATIONAL DOCTOR'S DAY 2025

A day to Celebrate those who Dedicate their Lives to Healing Others



Alva's Homoeopathic Medical College, a proud unit of Alva's Education Foundation, commemorated Doctor's Day 2025 on 1st July with heartfelt gratitude and vibrant celebrations in the college Seminar Hall. The event was a tribute to the selfless service of medical professionals and an inspiration to the budding doctors of tomorrow. The celebration began with an insightful scientific session by Chief Guest **Dr Prasanna Kumar**, offering valuable perspectives on the topic "Challenges and opportunities in daily Clinical Practice: A Homoeopathy Perspective". The programme included a soulful prayer song, a warm welcome address by Principal Dr Roshan Pinto, and the ceremonial lighting of the lamp by dignitaries.

The Chief Guest was felicitated by the Principal and AO, followed by memento distribution honouring doctors for their commitment. The World Environment Day Prize Distribution added enthusiasm and pride among students, with Dr Manu Bhat announcing the awardees. The celebration concluded with a sincere vote of thanks, leaving behind a message of appreciation, inspiration, and respect. The event was successfully organized by the Student Council, under the guidance of Dr Anjali and Dr Raj Prashob, whose efforts ensured a memorable and well-coordinated celebration.

*"Behind the Mask
Care for Caregivers"*





*Igniting Ideas,
Inspiring Tomorrow*

GROUP INDUCTION PROGRAM



Alva's Homoeopathic Medical College came alive with imagination and interdimensional creativity during the Group Induction 2025 held on 1st July at the Seminar Hall from 2:00 PM to 5:00 PM. With the thrilling theme "Multiversal Saga", the event transported the audience across timelines and realities through four captivating performances by student teams - AAROHANA UNITREZ, AURELYN & YUGANTARA. Organized by the Student Council and anchored by Emcee Sakshi, the program was judged by Dr. Suhruthom, Dr. Archana K, and Dr. Kalpana, who witnessed students bring alternate universes to life through innovative skits and storytelling. The event not only fostered teamwork and stage confidence but also sparked boundless creativity, concluding with the declaration of the winning team and words of encouragement from the judges, making it a truly out-of-this-world experience.





PROVENIO 2.0

Advancing the Power to Heal



National Homoeopathic Conference was held on 19th & 20th September 2025 at Krishi Siri Vedike, Vidyagiri, Moodbidri, organized by Alva's Homoeopathic Medical College, Mijar. The program commenced at 9:30 AM with an invocation, followed by a welcome address. The conference was inaugurated by **Dr. Kumar Mitrachandra Dhawale**, Chairman of the Scientific Advisory Board, CCRH – New Delhi, who emphasized the need for research-based clinical practice while preserving the essence of classical homoeopathy. **Dr. Mohammad Iqbal K**, District AYUSH Officer, Dakshina Kannada, as Guest of Honour, highlighted the role of AYUSH in community health, while **Dr. M. Mohan Alva**, Chairman of Alva's Education Foundation, presided over the ceremony and spoke about the institution's commitment to holistic education and academic excellence. The dignitaries lit the ceremonial lamp, released the conference souvenir, and inspired the gathering of faculty, students, researchers, and delegates.

As part of the conference, a Recognition Ceremony was held to honour distinguished individuals whose tireless efforts and generous contributions made possible a series of community-friendly health camps and homoeopathic medicine distribution drives under the banner of PROVENIO. These initiatives benefitted over 9,000 patients in the last academic year and have now grown into sustainable Peripheral Outpatient Departments, extending the reach of homoeopathy to the community. Notable contributors including **Shri Kuldeep M**, **Mr. Akshay K Jain**, **Shri Amar Kote**, **Mr. Bharavi**, and **Shri P. Dharanendra Kumar** were felicitated for their remarkable social service and lasting impact. The National conference featured Four eminent speakers whose insights and expertise captivated the audience—**Dr. Manohar Upadhy**a, Veterinary Surgeon and Trustee of Animal Care Trust,





Mangalore shared his expertise in managing challenging veterinary cases with Homoeopathy; Dr. Mansoor Ali K. R., Professor at GHMC Calicut and founder of Homeobook.com, enlightened delegates on cosmetic dermatological applications and career opportunities after BHMS; Dr. Muktinder Singh, Professor & HOD at SGNDHMC, Ludhiana, emphasized integrating clinical observations with Materia Medica and repertory in pediatric practice; and Dr. Vaibhav Jain, innovator in Agrohomoeopathy, inspired participants with his vision for sustainable, eco-friendly farming through natural remedies. The thought-provoking sessions, interactive discussions, and practical demonstrations made PROVENIO not just a conference but a vibrant confluence of knowledge, innovation, and holistic growth, beautifully culminating with cultural programs presented by the talented students of Alva's Homoeopathic Medical College and Alva's Education Foundation, adding color, energy, and celebration to this landmark event. More than 800 delegates from various colleges across Karnataka and India participated in the conference, making it a grand academic gathering. The event also featured 12 sponsors and several stalls, contributing to its vibrant and interactive atmosphere.

The valedictory function was graced by Sri M. Vivek Alva, Managing Trustee of Alva's Education Foundation, who encouraged the delegates and appreciated the efforts behind the successful organization. The program concluded with a vote of thanks, marking a memorable and promising beginning to the academic deliberations of PROVENIO.



The Open Forum of Provenio 2.0, held on 19th and 20th September 2025 at Krishisiri Vedike, Vidyagiri, was one of the most engaging segments of the event, blending scientific thought with creative expression. It featured scientific paper presentations by faculty, postgraduates, and undergraduates, along with poster presentations, each reflecting innovation and dedication towards the growth of Homoeopathy. More than 55 papers and 40 posters were presented over the two days, showcasing the depth and diversity of research in the field.

The paper sessions were judged by Dr. Farhan Zameer, Professor and CSO at ATMA Research Centre, Alva's Ayurveda Medical College, and Dr. A. B. Ram Jyothis, Professor and Head, Department of Pharmacy, Athurashramam NSS Homoeopathic Medical College, Kerala. Their valuable feedback encouraged participants to pursue research with greater rigour.

Poster presentations were evaluated by Dr. Lingaraj Magadum, Professor of Organon at Bharatesh Homoeopathic Medical College, Belagavi, and Dr. M. K. Kamath, Professor of Medicine, whose insights helped identify outstanding originality and clarity.

Excellence was celebrated with cash prizes and recognition awarded to the best entries across faculty, postgraduate, and undergraduate categories. The Open Forum stood as more than a competition—it was a celebration of scientific spirit, leaving a lasting impact on participants and audience, and reinforcing Provenio 2.0 as a platform where young minds and seasoned scholars come together to inspire and advance Homoeopathy.

OPEN FORUM

PROVENIO 2.0



Reconnect. Rejoice. Reminisce



PROVENIO 2.0 proudly hosted "Connect 25" - Alumni Meet on 20th September 2025 at Shrimathi Mohini Appaji Nayak Sabhangana, beside Krishi Siri Vedike. Themed "Reconnect. Rejoice. Reminisce.", the event brought together alumni from various batches for an evening filled with nostalgia, laughter, and heartfelt interactions. Held from 6:00 PM to 7:30 PM, the meet featured warm conversations, memorable photo sessions, and shared experiences, celebrating the enduring bond between the alumni and their alma mater. Connect 25 successfully rekindled old friendships, strengthened professional and personal networks, and left everyone with cherished memories of their journey with Alva's.



Teachers' Day Celebration

Celebrating the Torchbearers of Knowledge



Alva's Homoeopathic Medical College celebrated Teacher's Day with great enthusiasm on 9th September 2025 at the Seminar Hall, AHMC. The program honored the invaluable role of teachers in shaping students' lives. **Sri H. S. Virupakshappa, Block Education Officer**, Moodabidre, graced the event as Chief Guest. Dr. H. Roshan Pinto, Principal, and Dr. Prajnya Alva M, A.O., delivered inspiring addresses. Students expressed gratitude through cultural performances and heartfelt tributes. To add joy to the occasion, games and fun activities were organized for the lecturers, creating cherished memories of laughter, bonding, and celebration.





DYNAMIC SCIENCE

A session on "Dynamic Science: The Science of Holistic Medicine and Homoeopathy" was conducted by Dr. Shaji V Kudiyat, focusing on the scientific principles underlying homoeopathy. The talk explored the curative aspects of homoeopathic medicine, its mechanisms, and the concept of DNA alteration through various modes such as direct resonance of the vital force by thoughts, external forces, and biochemical reactions. Dr. Kudiyat elaborated on "Potentization," a unique process in homoeopathy involving continuous dilution and succussion or trituration to break down compressed energy units in a substance, enabling them to resonate with the vital force and restore lost purity and stability. The session emphasized the integration of holistic approaches with scientific understanding in medical practice.

National Homoeopathic Conference-2025

@ EKALAVYA

Renowned speakers Dr. Farokh J. Master and Dr. Saptarshi Banerjea delivered enriching sessions on clinical practice and homoeopathic philosophy. Along with the host institution, students and faculty from Alva's Homoeopathic Medical College, Moodbidri also participated, including Dr. Qadri, Dr. Bibi Asma, Dr. Bharath, and Dr. Deepak RD. The conference successfully promoted academic collaboration and highlighted the role of Homoeopathy in holistic healthcare. The EKALAVYA - National Homoeopathic Conference 2025, organized by Bharatesh Homoeopathic Medical College & Hospital, Belagavi, was held on 6th and 7th July at Dr. APJ Abdul Kalam Auditorium, VTU, Belagavi. The event brought together experts and students from across the country to exchange insights in Homoeopathy.



RESEARCH SEMINAR WORKSHOP

On 16th August 2025, the Research Committee of Alva's Homoeopathic Medical College, Moodubidire, organized two research-oriented academic programs. A Workshop on "Research Concept Writing" was conducted by Dr. Kurian P J, Professor, Yenepoya Homoeopathic Medical College, for the teachers of Alva's Homoeopathic Medical College to enhance their skills in structuring research concepts, with e-certificates provided. Simultaneously, a CME on "Why Research Matters in Homoeopathy: Understanding the Basics and Asking the Right Question" was delivered by Dr. Shreyas Kotian, Assistant Professor, Dept. of Surgery, Father Muller Homoeopathic Medical College, Mangalore, for the students of Alva's Homoeopathic Medical College, focusing on the introduction to research, its significance in homoeopathy, and basics of research methodology. Both sessions highlighted the importance of research in academic growth and clinical advancement, fostering a strong research culture among faculty and students alike.



RISE WEBINAR

The staff and students of AHMC participated in the monthly RISE Webinars conducted during the months of July and August 2025. A seminar on "Biostatistical Considerations in Designing a Research Study" was held at the AHMC Seminar Hall, delivered by Mr. Amit Srivastava from the Central Research Institute, Lucknow, under the Central Council for Research in Homoeopathy, Ministry of AYUSH, Government of India. The session emphasized the crucial role of biostatistics in research, focusing on the appropriate use of parametric and non-parametric tests, along with their underlying assumptions and practical applications. The session focused on the vital role of biostatistics in research, highlighting the appropriate use of parametric and non-parametric tests, along with their assumptions and applications. It also covered methods of data analysis, including descriptive studies, which deal with summarizing and presenting data through averages, variations, and graphical representation, and analytical studies, which involve hypothesis testing, identifying associations, and drawing valid conclusions. The seminar concluded with an interactive discussion that provided students and faculty with clarity on applying statistical methods effectively in homoeopathic and allied health research.



Power-Packed CME Ignites Homoeopathic Minds! enhance their Homeopathic Practice.

IHMA Karnataka & Mangaluru successfully hosted a dynamic Continuing Medical Education (CME) on 27th July 2025 at Viceroy Hall, Hotel Srinivas Saffron, Mangaluru. The session featured engaging and insightful presentations by Dr. Sreekanth V on "Visible Action: Dermolified", Dr. Jolly D'Mello on "Restoring Endocrine Harmony in PCOS", and Dr. Haricharan Shenoy on "Practical Homoeopathy". The event was graced by the presence of distinguished practitioners including Dr. H Roshan

Pinto, Dr. Jiji Kapil, Dr. Praveen Raj, Dr. Vasumathi Kodikal, and Dr. Prajna D, making the academic exchange even more enriching. With vibrant discussions, practical clinical insights, and an interactive Q&A session, the CME concluded with a delightful networking lunch. Sponsored by SBL - World Class Homoeopathy, this power-packed Sunday left every participant inspired to enhance their Homeopathic practice.

Empowering Repertory Skills Through Python

Bridging Code with Cure



A National Workshop on "Estimating Sensitivity of Homeopathic Repertories using Python Script" was held on 26th July 2025 at Yenepoya Homoeopathic Medical College & Hospital, AYUSH Campus, Mangaluru. The event, conducted from 9:30 AM to 5:00 PM in the college Board Room, brought together tech-savvy minds and classical homeopaths under one roof to explore the dynamic interface of repertory analysis and Python programming. The session highlighted the potential of coding tools in simplifying complex data within homeopathic repertories, thus promoting more evidence-based clinical decision-making. Representing Alva's Homoeopathic Medical College, Dr. Vasumathi Kodikal T and Dr. Shanu S enthusiastically participated in this intellectually stimulating and forward-thinking workshop.



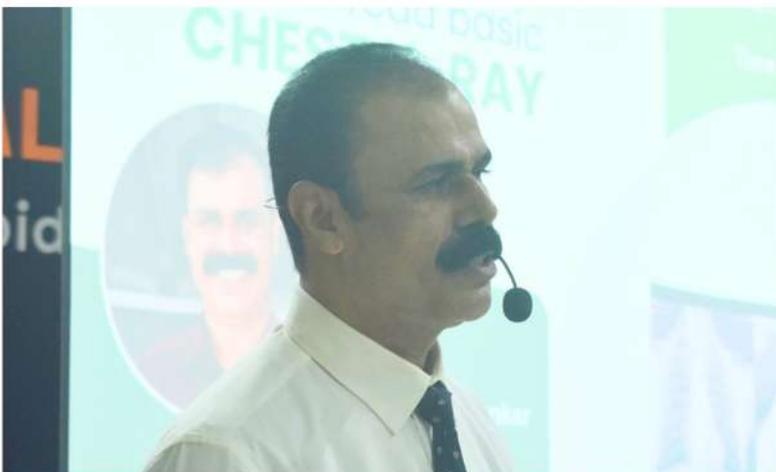
Towards Medicine Free Living

St Aloysius (Deemed to be University) hosted a Public Lecture on health & wellness: **Arogyavahini**, Episode 18, on 13th August 2025, from 3:30 PM to 4:30 PM at Sanidhya Hall, Admin Block. Prof. Dr. Praveen Raj Alva, Advisor at Alva's Homoeopathic Medical College, delivered an engaging talk on "Towards Medicine Free Living." The event, organized by the Department of Human Resources, was well-received, with Rev Dr. Praveen Martis SJ, Vice Chancellor, and Ms. Sahasra Rao, Chair of Human Resources, overseeing the program.



Remedies, Results, Revolution

At Margao, Goa, A free Homoeopathic Conference & Scientific Seminar for Goa doctors is set for Sunday, 24th August 2025, 10:00 AM-12:00 Noon at South Goa District Hospital. Organized by IHMA and Shri Kamaxi Devi Homoeopathic College, it features Dr. Praveen Raj Alva's talk on "Disease-Drug Interplay," accompanied by Dr. Ravi Doctor.



Alva's Homoeopathic Medical College held a workshop on CXR Basics on 21st August 2025, 9:00 AM-12:30 PM at the Seminar Hall. Led by Dr. Prashant Donkar, Professor & Head of Practice of Medicine and Paediatrics, it covered chest X-ray interpretation, anatomy, pathologies, and diagnostic skills. The interactive session, emphasizing clinical correlation, was warmly received by students and faculty.

A workshop on ECG recording and lead placement was held on 29/08/2025 at Punarjanma Hospital, AHMC, led by Dr. Prashanth Donkar, HOD, Dept. of Practice of Medicine. Interns were trained in 12-lead ECG procedure, correct lead placement, and interpretation, with emphasis on principles, indications, and error management. The session was appreciated for its clarity and practical approach, providing essential hands-on training to enhance diagnostic accuracy in cardiac care.



ECG & CHEST X-RAY WORKSHOP

ALVA'S HOMOEOPATHIC MEDICAL COLLEGE

Shobhavana Campus, Mijar, Moodubidire - D.K.



NASHA MUKTH BHARAT ABHIYAN

The Department of Community Medicine at Alva's Homoeopathic Medical College organized an awareness program on Nasha Mukth Bharat Abhiyan on 23rd August 2025. The session was conducted at the Seminar Hall from 12:00 PM to 1:00 PM and focused on creating awareness about the national initiative to combat substance abuse and promote a drug-free society. The resource person for the program was Prof. Dr. Mahabalesh Shetty K, Forensic Expert & Medico-Legal Consultant, a renowned expert who shared valuable insights on the causes, consequences, and preventive measures related to drug abuse. The session emphasized community participation and the collective responsibility in building an addiction-free nation.



Celebrating Traditions, SPREADING JOY!



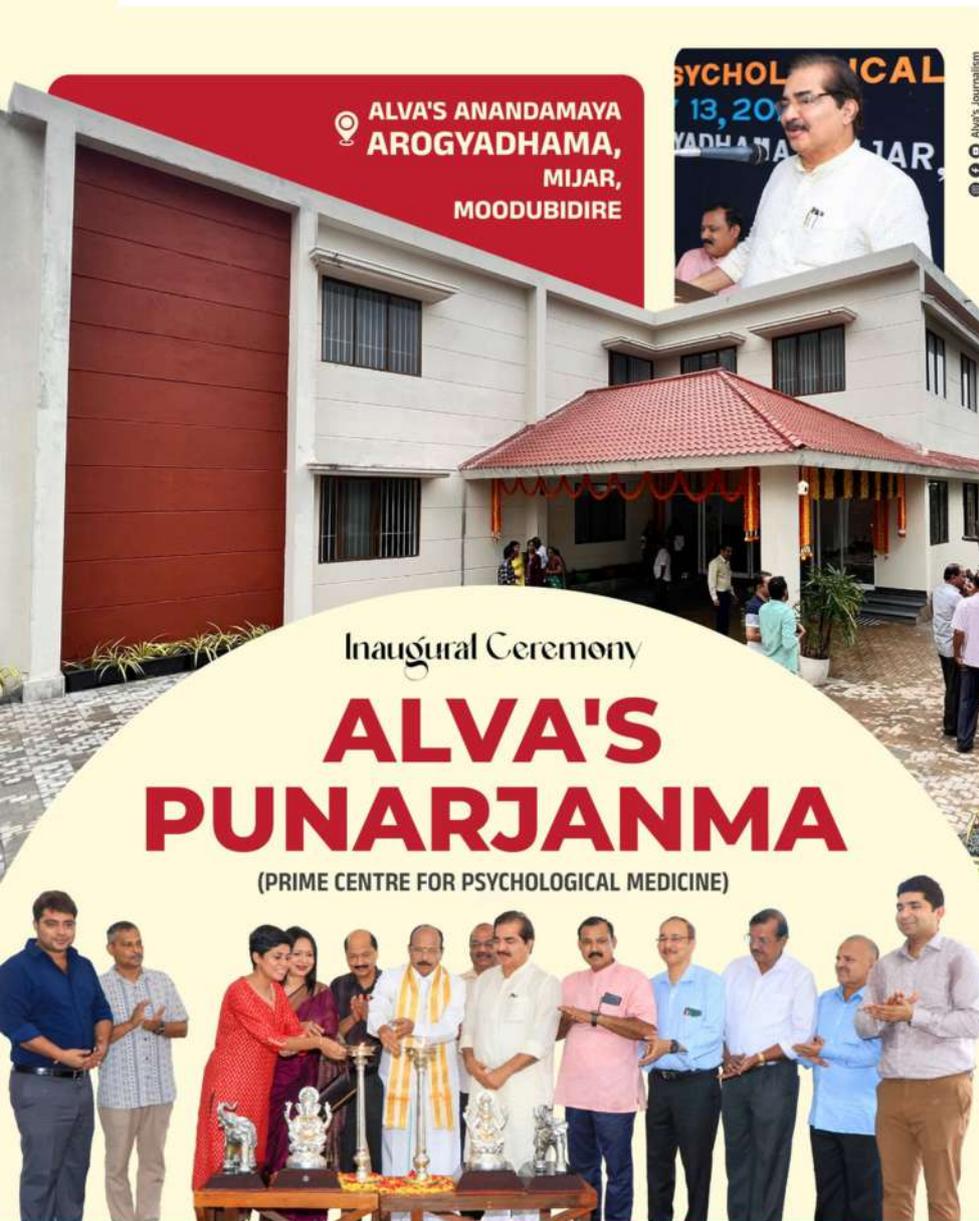
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AEF's Kerala Samajam hosted the grand Onam celebration – Keraleeyam on 21st September 2025, graced by Mr. JP Thuminad, actor, writer, and director as Chief Guest, and Mr. Vivek Alva, Managing Trustee, as Guest of Honour. The event was a spectacular showcase of Kerala's rich culture, featuring lively cultural programs, traditional music, dance performances, and engaging skits.

The highlight was the sumptuous Onam Sadhya, enjoyed by all attendees. Students from Alva's Homoeopathic Medical College also participated enthusiastically, showcasing their talents and adding charm to the celebration. The event successfully brought together students, faculty, and guests in a joyful celebration of unity, tradition, and festive spirit.



PUNARJANMA INAUGURATION



On

July 13, 2025, the serene campus of Alva's Anandamaya Arogyadhama in Mijar, Moodbidri, came alive with the vibrant inauguration of Alva's Punarjanma, a visionary Prime Centre for Psychological Medicine dedicated to fostering mental wellness and healing. The ceremony was graced by eminent figures, with *Dr. P V Bhandary*, the esteemed Medical Director and Consultant Psychiatrist from Dr. A V Baliga Memorial Hospital, Udupi, inaugurating the centre, while *Dr. Caroline D'Souza*, a renowned psychiatrist from Mangalore, stood as the inspiring Chief Guest. The event was further honoured by *Sri Vivek Vincent Pais*, Regional Director of Jana Jagruti Vedike, Belthangady, as Guest of Honor. Presiding over the ceremony was *Dr. M Mohan Alva*, the dynamic Chairman of Alva's Education Foundation, whose unwavering commitment to health education continues to shape the region. As the doors of Alva's Punarjanma opened, it symbolized not just a new facility, but a beacon of hope for rebirth, healing, and the rise of mental resilience in society, marking yet another milestone in Alva's enduring legacy of service.



CNS INSIGHTS

A NATIONAL WORKSHOP FOR AYUSH FACULTY

The Department of Basic Medical Sciences, MAHE, Manipal, hosted the inauguration of "CNS Insights", a National Workshop for AYUSH Faculty, on 18th July 2025 at Dissection Hall, MMMC Building. The event was graced by Chief Guest *Dr. Sharath K Rao*, Pro Vice Chancellor - Health Sciences and Professor of Orthopaedics, KMC, Manipal. Organized by *Dr. Surekha D Shetty*, *Dr. Ravindra Swamy*, and *Dr. Ramkishore*, with *Dr. Bincy M George* as the coordinator and *Dr. Ullas Kamath*, Head of DBMS, the workshop aimed to provide in-depth knowledge of the central nervous system for AYUSH educators. The event also witnessed the active participation of *Dr. Deepak R.D.*, H.O.D. of Anatomy Department, adding valuable academic insights to the session.

ART for AWARENESS MOSQUITO DAY

On 22nd August 2025, Alva's Homoeopathic Medical College's Department of Physiology and Biochemistry hosted World Mosquito Day in the Third Year Lecture Hall, commemorating Sir Ronald Ross's 1897 discovery of malaria transmission by mosquitoes. The event featured a Poster Making Competition (Digital and Live) to raise awareness about mosquito-borne diseases like malaria, dengue, and chikungunya. Students created posters on disease transmission and prevention, judged by Dr. Prajna Devadiga and Dr. Ananya for creativity, relevance, and clarity. Winners received certificates, highlighting the role of preventive healthcare. The event successfully engaged students in public health awareness.



ALVA'S Pragati

Turning Aspirations
into Achievements

The 15th edition of Alva's Pragati 2025, held on August 1st and 2nd at Alva's Education Foundation, Moodbidri, turned into a grand success story with a record 14,245 job aspirants, of whom 2,873 secured jobs on the spot and 3,734 were shortlisted by 260 of the 288 participating companies. From global conglomerates to tech, healthcare, logistics, and hospitality leaders, recruiters offered packages as high as ₹9 lakh per annum, with firms like Expertise, Fortune Groups, Codeyoung, Kr2 Techno Services, Infosys BPM, and Narayana Hrudayalaya among the top hirers. Interns from Alva's Homoeopathic Medical College also participated actively, with corporate homoeopathic clinics 28 Students grabbed the job by joining the drive to offer specialized career opportunities. More than just a placement drive, Pragati 2025 stood out as a festival of opportunities, bridging young talent with global careers and turning aspirations into achievements.





A E F ' S G R A N D I N D E P E N D E N C E D A Y

CELEBRATION ANCHORED BY LT. GEN. ANANT NARAYAN

On August 15, 2025, Alva's Education Foundation (AEF) hosted a magnificent Independence Day celebration at the K.V. Subbanna open-air theatre, Vidyagiri, Moodbidri. The venue radiated patriotic grandeur with floral decorations, tricolor T-shirts, and umbrellas held aloft by students encircling the stage. The highlight of the event was the presence of Lieutenant General Anant Narayan as the Chief Guest, who unfurled the national flag and delivered an inspiring Independence Day address. The celebration was also graced by AEF President Dr. M. Mohan Alva, MLA Umanath Kotian, and Trustee Vivek Alva, adding to the significance of the occasion. As part of this historic gathering, Alva's Homoeopathic Medical College (AHMC) actively participated, joining hands with other institutions under AEF to make the celebration a resounding success.

ALVA'S HOMOEOPATHIC MEDICAL COLLEGE

Shobhavana Campus, Mijar, Moodubidire - D.K.



SAKSHAMA

Turning Ideas into Income, Empowering Women through Knowledge



Sakshama, the Women's Association of Alva's Education Foundation, Moodubidire, organised an awareness programme titled "Ideas to Income" on 29th August 2025 at the Seminar Hall, Alva's Homoeopathic Medical College, Mijar, from 2:00 PM to 4:00 PM. The event featured two sessions, Entrepreneurship Skills by Mrs. Mariam Mohiudeen, Founder of Bakerstreet from Mariam's Kitchen and Founding Member of Evolve, who inspired participants with her entrepreneurial journey, and Basics of Taxation by CA. Sunitha R. Furtado, Chartered Accountant and Partner at Nitin J. Shetty & Co., Mangalore, who simplified key taxation concepts for better financial understanding. The programme was graced by the presence of Dr. Archana Prabhat, President of Sakshama, and was well-received by the participants for its relevance and practicality.



Professional Etiquettes

Sakshama – Alva's Women's Association, Moodubidire, organised an enlightening session on "Professional Etiquettes" on 18th July 2025 at Kuvempu Hall, Alva's College, from 2:00 PM to 4:00 PM. The resource person for the session was Mrs. Matharani Mathias, Former Principal of Sarosh Institute of Hotel Management, Mangaluru, with the presence of Dr. Greeshma Vivek Alva, Coordinator of Sakshama, and Dr. Archana Prabhat, President of Sakshama. The session aimed to familiarise students with the essential principles of professionalism in the workplace. Mrs. Mathias elaborated on topics such as etiquette basics, professional appearance, office etiquette, and netiquette. She also explained the concept of zones and distances in communication, highlighting intimate, personal, social, and public zones with their appropriate usage. The importance of first impressions was stressed, noting that within 30 seconds, people assess economic level, education, social position, sophistication, and success, while within 4 minutes, they decide on qualities like trustworthiness, compassion, reliability, intelligence, capability, humility, friendliness, and confidence. The session was highly interactive, leaving participants with valuable insights to enhance their professional conduct and interpersonal skills.

TEDx AIET 2025

Igniting Ideas

Students of Alva's Homoeopathic Medical College had the enriching opportunity to attend TEDx AIET 2025, held on 16th August 2025 at V.S. Acharya Hall, Vidyagiri. The event brought together an inspiring lineup of speakers including Suyog Shetty, Lt. Gen. A. Arun (Retd.), Patla Sathish Shetty, Abhishek Mishra, Sufiyan Alam, Dr. Achyuthan Eswar, and Janaki Anand, who shared thought-provoking ideas spanning entrepreneurship, defense, performing arts, medicine, storytelling, and extreme sports. It was a truly transformative experience that broadened horizons and sparked fresh perspectives among our students.



SPORTS & GAMES - RGUHS ZONAL



On 23rd July 2025, our college actively participated in the RGUHS Zonal Badminton Tournament held at Father Muller Medical College, Mangalore. The boys' team comprised Anath Narayan, Dikshanth Vikas, Swargajith, Likith, Devendra, and Ashish Pandey, while the girls' team included Meethika C.S., Thejaswini S., and Soujanya, all showcasing their dedication and sportsmanship.

The Rajiv Gandhi University of Health Sciences, in collaboration with P.A. College of Pharmacy, is hosting the RGUHS Mangaluru Zone Inter-college Chess Tournament 2025-26. Participants from our college, including Sai Bhuvan, Visheth Poojary, Prashant, Wantei, Abhay and Sudarshan, will compete in this exciting event, showcasing their chess skills and representing the institution with pride.

On 8th August 2025, our students represented the college in the RGUHS Zonal Table Tennis Tournament conducted at Sharada Ayurveda College, Mangalore. The participants were Akshara Shetty, Nithya B., and Jyothisha, who displayed skill, enthusiasm, and commendable performance throughout the competition, making the event memorable.



STUDENT ACHIEVEMENT

@ POTENTIA

We are proud to share that Ms. Sadiya Ayman, a student of 4th BHMS at Alva's Homoeopathic Medical College, Moodbidri, secured Second Place in the Paper Presentation Competition held as part of POTENTIA 2025 on 12th July 2025 at Father Muller Homoeopathic Medical College & Hospital, Deralakatte, Mangalore.

Her research paper, titled, "Comparative Evaluation of Antifungal Activity of Green-Synthesised and Homoeopathically Potentised Silver Nanoparticles Using Neem Extract against *Candida albicans*," was highly appreciated for its scientific rigor, innovation, and relevance to contemporary challenges in antifungal resistance. The research was guided by Dr. Indu O S, under the banner of the Students' Research Forum (SRF) of Alva's Homoeopathic Medical College. We extend our heartfelt congratulations to Ms. Sadiya Ayman for her outstanding performance and contribution to scientific research in Homoeopathy.

Faculty Representation as Judge We also congratulate Dr. Shanu .S for representing Alva's Homoeopathic Medical College as a Judge for the Poster Presentation Competition during the same event. His presence added academic value and brought honor to our institution.



Enhancing Skills and Empathy

The students of 2nd year BHMS attended soft skills sessions focusing on two key areas — responsible phone usage and the art of building strong doctor-patient relationships. The first part highlighted the growing concern of phone addiction, its impact on productivity, mental health, and relationships, along with practical methods to overcome it such as time management tools, "Do Not Disturb" mode, and engaging in offline activities. A creative activity was also assigned, encouraging students to make a social media reel on managing phone addiction to spread awareness.

The second part emphasized that beyond medical knowledge, trust, empathy, and effective communication form the foundation of the doctor-patient relationship. It underlined the importance of active listening, confidentiality, and compassion as essential elements of medical professionalism.

The sessions were thought-provoking and engaging, equipping students with valuable life skills that will not only enhance their personal growth but also shape them into empathetic and responsible healthcare professionals.



Clinical Meetings



A Lecturer's Clinical Meeting was conducted on 18th August 2025, serving as an enriching academic session that emphasized clinical knowledge and practical insights. The session was guided by Dr. Prajna, with Dr. Suhruthom P fulfilling the role of Moderator, and Dr. Praveen Raj serving as Supervisor. The meeting fostered constructive discussions, critical analysis, and valuable guidance, contributing to the professional growth of the participants.



On the 15th of September 2025, a Staff Clinical Meeting was held at AHMC in the Final Year Classroom. The session was moderated effectively by Dr. Y. M. Qadri and guided by Dr. Grace Thokchom, ensuring a productive and insightful exchange of clinical perspectives.



Students Clinical Meeting

The Monthly 4th Year B.H.M.S. Clinical Meeting at Alva's Homoeopathic Medical College was held on 17th September 2025, guided by Dr. Praveen Raj and moderated by Dr. Suhruthom and Dr. Kalpana. A case of a 45-year-old female teacher with burning pain, buccal mucosa discolouration, and difficulty in swallowing was discussed, highlighting differential diagnoses, investigations, and remedy selection.

Continuing the series, a Clinical Meeting on 24th September 2025 was conducted by Intern Ms. Sreya for the final-year students. She presented a case of Oral Lichen Planus, detailing its manifestations, differentials, and homoeopathic remedies. The session was highly interactive and enriched students' understanding of case analysis and management.





A GLIMPSE INTO VETERINARY HOMOEOPATHY

On 21st September 2025, a workshop on Veterinary Homoeopathy was conducted at Bantwala by Dr. Manohar Upadhyaya. The session was attended with great enthusiasm by the AHMC interns, Alumni, accompanied by Dr. Manu Bhat, Dr. Roshan Pinto, and Dr. Jiji S. Kapil.

Dr. Upadhyaya shared valuable insights into the scope and application of homoeopathy in veterinary practice, opening new dimensions of healing and learning for budding doctors. The workshop was an inspiring and eye-opening experience that broadened the horizons of every participant.



UTKANSH *The Name Unveil!*

The Aikyam batch proudly hosted the Name Revealing of our Senior's Farewell – UTKANSH on 17th September 2025 from 11:30 am to 1:00 pm. The event was filled with joy, laughter, and enthusiasm. The lively emcees, Mubeen Nisha and Yashaswini, kept the energy high throughout with engaging games and interactions. The highlight was the grand reveal of the farewell name UTKANSH, followed by the presentation of invitations and thoughtful gifts to our beloved seniors. The event beautifully set the tone for the upcoming farewell, leaving both seniors and juniors with smiles and cherished memories.



Health Camps

Blood Donation Camp

*A Legacy of
Compassion in Action*



On 15th July 2025, Alva's Homoeopathic Medical College & Hospital, in association with Alva's Rotary Blood Centre and Alva's Health Centre, Moodabidri, organized a Blood Donation Camp at the Punarjanma Campus, Shobhavana, Mijar. With an inspiring display of altruism, the camp witnessed 60 voluntary donors stepping forward to make a lifesaving contribution. Each donation echoed the profound message: "Your blood can give someone another chance at life." The camp was conducted with the highest standards of safety and professionalism, ensuring a smooth experience for all participants. As a token of appreciation, certificates were distributed to all donors, honoring their selfless act and encouraging continued participation in such humanitarian causes.

A free health camp was organized at Yuvaka Mandala Sabhabhavana, Padupadavu, on 07/09/2025, witnessing the participation of 83 patients from the community. The camp was led by Dr. Vasumathi, Dr. Grace, and Dr. Shreyas, with the dedicated support of interns and final-year students. Services included detailed health check-ups, personalized consultations, and preparation of individualized diet charts to promote better lifestyle practices. The initiative created awareness about preventive healthcare and encouraged the adoption of healthy habits. The camp concluded successfully with positive feedback from the attendees, reflecting the team's commitment to community service and holistic well-being.



A general health camp and awareness talk on homoeopathic treatment was conducted by Alva's Homoeopathic Medical College and Hospital, Mijar at Namma Hiriyaru Old Age Home, Kuppepadavu on 9th August 2025, from 9:30 am to 1:00 pm. Physicians Dr. Vasumathi and Dr. Prajna Devadiga attended the camp, where 31 patients benefitted from free homoeopathic medicines. To ensure ongoing care, regular visits were scheduled every Saturday.



Extending Care, Enriching Lives



A School Health Camp was conducted at Government Higher Primary School, Pranthya, Moodbidri, on 22/08/2025. The camp focused on health screening and general check-ups for students, creating awareness about preventive healthcare. It was led by Dr. Keerthi Raj and Dr. Prashant Donkar, with active support from the final-year students.



On 20/07/2025, Alva's Homoeopathic Medical College & Hospital, Mijar, organized a general health camp at Ambedkar Bhavana, Masthikatt in association with Friends Club Hosangady, Municipality Moodbidri, and Dharmasthala Swasahaya Sangha. Dr. Prajna Devadiga, Dr. Sasitharan, and Dr. Kalpana rendered their services. A total of 26 patients received free homoeopathic medicines and were issued Family Health Cards for follow-ups. Pamphlets highlighting the facilities at AHMC & Hospital were also distributed, spreading awareness about homoeopathic care.

A series of health camps were successfully conducted at Spoorthi Special School and Training Centre, Moodbidri, on 21/08/2025, 22/08/2025, and 03/09/2025. The camps focused on comprehensive health screening, medical consultations, and personalized guidance for the students. Dedicated efforts by the doctors and final-year students ensured attentive care, health awareness, and early identification of needs. The initiative not only provided essential check-ups but also meeting created a supportive environment for the children's overall well-being.



A School Health Camp and General Health Camp was organized at P M Shri Karnataka Public School, Muttur Kolavoor, on 13/08/2025. The program included general health check-ups for students and consultations for 10 adult patients, with family health cards issued to ensure continuity of care. The camp was efficiently conducted under the guidance of Dr. Keerthi Raj, Dr. Pragnya Devadiga, and Dr. Athira, ably supported by final-year students and interns. The initiative promoted preventive health awareness, early detection of ailments, and holistic well-being, marking a successful outreach in community healthcare.





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AKSHARA SHETTY
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NITHYA B
Magazine & Literature



PRAJWAL B
Magazine & Literature



NEHA PRABHU
NSS Cordinator

CLASS REPRESENTATIVES



SUMIT CHAVAN
I YEAR



MANASA B
I YEAR



AFREEN KHATAL
II YEAR



SAHANA B HADAKAR
II YEAR



KUNDAN SINGH
III YEAR



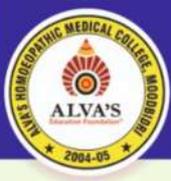
THEJASHWINI R
III YEAR



VIVEK KAWLE
IV YEAR



SHEJAL DHOLE
IV YEAR



ALVA'S HOMOEOPATHIC MEDICAL COLLEGE

RGUHS RANK HOLDERS (2018-2024)

8th Batch	42 RANKS
9th Batch	45 RANKS
10th Batch	27 RANKS
11th Batch	84 RANKS
12th Batch	99 RANKS
13th Batch	115 RANKS
14th Batch	51 RANKS

OVERALL TOPPERS

9th Rank



II BHMS- 8th Rank
 Pathology - 10th Rank
 Anatomy - 7th Rank
 FMT - 5th Rank
 MM - 7th. 3rd
 Organon - 2nd Rank

DR. S RAJALAKSHMI

SUBJECT WISE RANK HOLDERS



Dr. Rohan R
Organon - 9th



Dr. Dileena
II BHMS- 10th Rank, Pathology - 6th
FMT - 8th. MM - 4th



Dr. Rasha Kabeer
MM - 10th & 8th



Dr. Smera Anna Thomas
FMT - 4th,
Organon - 5th & 6th CM - 2nd



Dr. Sandra V C
Community Medicine- 10th



Dr. Marylyne Oinam
FMT - 7th, MM - 5th
Organon - 4th



Dr. Ashwathi M P
FMT - 9th, MM - 5th & 9th
Organon - 7th



Dr. Sruthi
Pharmacy - 10th, Pathology - 5th
FMT - 2nd, Organon - 3rd
II BHMS- 3rd Rank



Dr. Hanna Fathima
FMT - 9th, MM - 6th
Organon - 9th



Dr. Ahalya
FMT - 10th



Dr. Fathimath Rana
MM - 3rd



Dr. Divita
Pathology - 6th, FMT - 3rd, MM - 2nd & 8th
Organon - 10th, Med - 10th
Community Medicine- 10th, II BHMS- 4th Rank



Dr. Harsha T P
Organon - 9th



Dr. Prachi
IV BHMS- 5th Rank
MM - 6th & 9th, Organon - 1st
Community Medicine- 2nd



Dr. Anngloria Thankachan
MM - 8th



Dr. Rahla Muhamm
MM - 8th



Dr. Keerthana
II BHMS- 9th Rank FMT - 3rd
MM - 6th & 8th, Organon - 8th

Next in Line !!!

KARNATAKA

RAJYOTSAVA





ALVA'S HOMOEOPATHIC MEDICAL COLLEGE

Kannada Vedike 2025-2026



Visheth Poojary
Chairperson



Aishwarya R D
Vice Chairperson



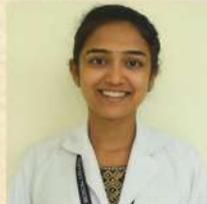
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Treasurer



Sakshi Reddy
Treasurer



Arshiya Shaik
Treasurer



Yashaswini B Y
Cultural



Raviteja
Cultural



Thejaswini S
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Prajwal S H
Cultural



Pallavi M Naik
Cultural



Akshatha
Media & Publicity



Asil Farhan
Media & Publicity



Bhavana N A
Media & Publicity



Neha P
Art & Literature



Geetanjali
Art & Literature



Manoj P
Art & Literature



Diya V Mulla
Art & Literature



Gourees G H
Art & Literature



Megha S
Art & Literature



Abhay S R
Art & Literature



Sabrina Renith
Non-kannadiga



Sahithi
Non-kannadiga



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FOUNDATION



**Eligibility: 12th Pass + NEET
Eligible + KEA Registered**

- *Qualified, Experienced, Dedicated teaching faculty.*
- *Well-equipped laboratories with modern instruments.*
- *Plentiful exposure to participate in funded Research activities*
- *Library with rich collection of books, journals and internet facility.*
- *3 acres of Homoeopathic herbal garden inside the campus.*
- *Abundant opportunities to participate in Sports, Arts and Cultural activities.*

ALVA'S HOMOEOPATHIC MEDICAL COLLEGE

SHOBHAVANA CAMPUS, MIJAR, MOODBIDRI, D.K, KARNATAKA - 574225

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BHMS - Bachelors of Homoeopathic
Medical College**

Career Opportunities after BHMS

A degree in Homoeopathy qualifies the pursuit of following

- Plum jobs at the level of Clinics, Academics , Research and Administration under the Ministry of AYUSH at various cadres.
- Central and State Government Jobs at various Govt Dispensaries across the Nation and Union Territories.
- Private Homoeopathic Corporate Sector Jobs.
- Individual Clinical Profession as Medical Officers, Teaching Faculty in Medical Colleges.
- Ample opportunities in Insurance and Medical Coding Sectors across the Country and Abroad.

Courses after BHMS

MD Courses in Homoeopathy

MD in Practice of Medicine, Paediatrics, Psychiatry, Dermatology, Community Medicine, Homoeopathic Pharmacy, Organon of Medicine, Materia Medica, Case Taking and Repertory.

PhD Courses

PhD in Homoeopathic Materia Medica, Organon of Medicine, Case Taking and Repertory.

Other Courses

M.Sc. in Regenerative Medicine, Psychiatry, Epidemiology, Medical Anatomy, Medical Biochemistry, Food and Nutrition, Dietetics and Food Service Management.
Master of Hospital Management, Master of Hospital Administration, Master of Health Science- Clinical Child Development.
Certificate Course in Human Genetics
Diploma in Medical Trichology.

Next Edition on Jan:

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OCT - DEC

ALVA'S HOMOEOPATHIC INSIGHTS

2025

QUATERLY E-BULLETIN

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